

Highlights of the 2007 Season

1. KG and CGD Join Forces!

In February the Killer Guppies and California Golden Dragons decided to combine into one team. As Bill Simon of CGD put it: CGD has always been closely allied with KG and with more and more of CGD paddlers joining KG for the out-of-town tournaments, and enjoying the experiences, it became clear that there was merit to combining as one organization. Welcome to the team, Golden Dragons!

2. Our coaching and fitness staffs - bigger and better than ever!

Lead by our head coach Gary Chan, a strong effort was made to strengthen KG training both on the water and off the water. Some of the efforts of our coaching and fitness staffs include:

Recreational/Newbie hour

Killer Six

Cyberfit group

Fitness Manual



Figure 1 Head coach Gary Chan and asst. coach Kevin Chan show off some well deserved medals.

3. KG Social Scene!

Guppies do not live by paddle and water alone. Our social chair, Will Tran made sure of that! Here are some of the social activities KG organized in the 2007 season.

Super Bowl party

Newbie day

George's Jazz Night

Beach Parties

Social and Cultured Guppies!

Guppies in Space! - Mt. Wilson Observatory, Griffith Observatory, Perseid

Meteor Shower

Movie Nights



Figure 2 Wed. practice crew enjoy some beers after a hard practice!



Figure 3. KG at Mt. Wilson Observatory - note the high precision timing needed to produce sine wave



Figure 4 The secret to KG's success. This may look like a KG holiday party - Actually it's an intensive caller training session. Pete gives Kat a hint of what comes after "4".



Figure 5 - KG has close relations with many teams in the Long Beach community. In the 2007 season we had dual members from Alpine, Rogue Warriors, and USC.

4. Killer Paddling results

But how did KG do on the water?

First masters team – In 2007 KG was able to field a masters team in the Long Beach tournament. Apparently paddling gets better after 40 because the KG masters finished 2nd place in the masters division!

The beginning of a streak? Last year at the Long Beach College race, KG got 1st place in the 500m and 2nd in the 250m. This year we repeated our success, with a first in the 500m and 2nd in the 250m. Let's see if we can get gold in both next year!

Combined Women's team does good in Canada. In 2007 KG carried on the tradition of combining our gender teams with another team in the Alcan Vancouver tournament. This year we joined with hometown rival LARD, resulting in a top 7 finish for our women. It is the highest the women have ever placed in this tournament.

All teams medal in Long Beach!

By July our team was hitting its stride. Our coaching staff was running on all cylinders and our paddlers were warmed up from AZ, LBC, and Vancouver. It

showed, because all 4 squads we fielded (Mixed Gold, Blue, Men's and Masters) medaled in Long Beach.

Top Ten Finish in San Francisco for A team and a 2nd place Rec B for KGB! Our team continued to improve our technique and physical fitness right into San Francisco. This was the highest ranked finish at this tournament for our A team in 5 seasons. Both teams showed they could paddle with the best of them in a highly competitive field.

Overall KG had another solid season. Over the year, our team made remarkable progress in our paddling fundamentals, physical fitness, and race execution. In every tournament we participated in this season, our team has shown we can field a squad that will compete in the highest divisions. On the Sunday of each tournament, we expect to race against the elite teams in the semi finals and finals. Next year season we look to build on these accomplishments and improve our performance in those tight, nail biting races where 2 seconds separate first and last place!





Figure 6 - Congratulations to our Masters team and a 2nd place finish in Long Beach!

6. Board activities

The 2007 KG board carried on the proud tradition of building on past seasons' efforts to strengthen team organization. Thanks to a well planned budget at the beginning of the season, the board was able to focus on other operations. Some of the board's activities:

Obtaining a Killer Guppies bank account

Designing a membership packet

Acquiring team insurance

7. A killer end to a killer season! We had our end of 2007 season party November 10 and elected our 2008 Board as well as handed out awards to some outstanding team members.